

Week 8 - Passport Around the World					
	Monday - Africa	Tuesday - Asia	Wednesday - Australia	Thursday - Europe	Friday - South America
Parent Self-Care	Down time for YOU before the child(ren) wake up! Grab a cup of coffee or tea, write in a journal, practice yoga, etc.	Down time for YOU before the child(ren) wake up! Grab a cup of coffee or tea, write in a journal, practice yoga, etc.	Down time for YOU before the child(ren) wake up! Grab a cup of coffee or tea, write in a journal, practice yoga, etc.	Down time for YOU before the child(ren) wake up! Grab a cup of coffee or tea, write in a journal, practice yoga, etc.	Down time for YOU before the child(ren) wake up! Grab a cup of coffee or tea, write in a journal, practice yoga, etc.
Breakfast 8:30am-9am	Discussion Question: If you were President and had to have 3 people assist you, who would you pick and why?	Discussion Question: What makes our family amazing?	Discussion Question: Would you rather be the boss or employee? Why?	Discussion Question: If you could pick another name for yourself, what would it be?	Discussion Question: If you could go anywhere, where would you go? Why?
Educational Time 9am-9:45am	This week we'll be learning about five of the seven continents. Start out by making your own Continent Fortune Teller	Learn to play Phong Hau K'i - a traditional Chinese game for kids	Learn about the Aboriginals and then create your own aboriginal inspired art.	Learn about which countries are in the European Union while you complete this word search! Then try making your own word search.	Worry dolls were originally created by indigenous people in Guatemala (a country in South America). You can make your own using a variety of supplies like toothpicks, twigs, pipe cleaners, beads, and yarn. Try out one of these ways to make your own worry doll: https://www.tinyfry.com/make-worry-doll/
Art & Music 10am-11am	Art: Create an African collar necklace.	Art: Make your own origami. Here are some to get you	Art: Boomerang Design	Art: Create a Roman Mosaic.	Art: Create Nazca lines art like those in Peru.

	<p>Music: Instruments from Africa: African Instruments</p> <p>Traditional African Music Instruments</p> <p>Listening: Camille Saint-Saëns - Africa, Op. 89 (1891)</p> <p>Song: Ké fé ta maman - Comptine africaine pour bébés (avec paroles)</p> <p>Africa Geography/African Countries Song</p> <p>Amina - Comptine à geste d'Afrique pour les petits (avec paroles)</p>	<p>started: Dog Fish Star</p> <p>Music: Instruments from Asia: 7 Chinese Classical Instruments You Should Know</p> <p>Instruments: Asian civilizations, harmony in diversity</p> <p>Ma Sicong - Symphony No. 2 (1958-59) (This is long so may not want to listen to all of it.)</p> <p>Children's songs: Little Dragon Tales: Chinese Children's Songs</p> <p>Asia</p>	<p>Music: Instruments from Australia: https://www.youtube.com/watch?v=NaBI1SqIhak&list=TLPQMTYwNjlwMjBHFQFAsQlbA&index=1</p> <p>Bullroarer Echoing Through the Forest</p> <p>Dance: Aboriginal dance show - Australia</p> <p>Australian Composers</p> <p>Songs: Australia Geography/Australia Country Song</p> <p>Kookaburra Sits In The Old Gum Tree Aussie Kids Songs</p> <p>Waltzing Matilda Australian Nursery Rhymes and Songs</p>	<p>Music: Traditional instruments: Traditional European Instruments - YouTube</p> <p>Composers</p> <p>Songs: Europe Geography/ Europe Continent</p> <p>Folk Song</p>	<p>Music: Instruments: Latin American Instruments</p> <p>Villa-Lobos - Bachianas Brasileiras Nº 2 - IV. Tocata (O trenzinho do caipira) . Minczuk</p> <p>Children's Songs: South America Geography/South American Countries</p> <p>Folk Music: South America folk music</p>
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<p align="center">Screen Time 11am-11:30am</p>	<p>Tablet, Computer, Video Games, TV, etc.</p> <p>Suggested Websites: 7 Continents Of The World Facts For Kids DK Find Out</p> <p>World Continents & Oceans Games - geography online games</p> <p>Countries</p> <p>Africa Facts for Kids Africa for Kids Geography Travel People</p>	<p>Tablet, Computer, Video Games, TV, etc.</p> <p>Suggested Websites:</p> <p>Asia Facts for Kids Geography Attractions Travel Asia for Kids</p> <p>Asia: Facts for kids</p>	<p>Tablet, Computer, Video Games, TV, etc.</p> <p>Suggested Websites: Australia Country Profile</p> <p>Australia Facts for Kids Facts for Kids Geography Animals</p> <p>Explore Australia: Resources for Kids</p>	<p>Tablet, Computer, Video Games, TV, etc.</p> <p>Suggested Websites: Europe Facts</p> <p>Europe Destination World</p> <p>Europe: Facts for kids</p>	<p>Tablet, Computer, Video Games, TV, etc.</p> <p>Suggested Websites: Asia Facts for Kids Geography Attractions Travel Asia for Kids</p> <p>Asia Destination World</p> <p>Asia Facts</p>
<p align="center">Lunch 11:30am-12:30pm</p>	<p>Practice eating like those in Ethiopia (a country in Africa) - use your hands or bread in replace of your fork, spoon, and knife.</p>	<p>Eat your lunch using chopsticks! Here are "cheater" chopsticks that may make it a bit easier.</p>	<p>Fairy bread is popular in Australia and dates back to the 1920s. Try out this sweet treat after finishing your lunch! How to make fairy bread (all you need is bread, butter, and sprinkles!)</p>	<p>Make your own homemade crepes! Here is an easy recipe to use: https://www.pinterest.com/pin/229754018478334056/</p>	<p>Make Columbian Hojuelas for a treat after lunch with this kid-friendly recipe.</p>
<p align="center">Independent Time 12:30pm-1:30pm</p>	<p>Nap time for those that need it, reading, puzzles, building</p>	<p>Nap time for those that need it, reading, puzzles, building</p>	<p>Nap time for those that need it, reading, puzzles, building</p>	<p>Nap time for those that need it, reading, puzzles, building</p>	<p>Nap time for those that need it, reading, puzzles, building</p>

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Physical Time 1:30pm-2:30pm	African Animals Yoga	Try out Hopping Chicken, a traditional Chinese game similar to hopscotch. Hopping Chicken	Australia Inspired Yoga Line Dance	Children's Songs NON-STOP MINIDISCO – PART 1 English Mini Disco German folk dance	Salsa Basic Dance Step - learn Latin Salsa Dance Lessons for kids salsa dancing
Educational Time 2:45pm-3:30pm	Print off or make your own Continent Fact File. Then look up information about a different continent each day. Include information like area, number of countries, population, highest point, climate, major landmarks, and nearby oceans. Continent Fact File Printable (choose which pages best fit the age of your child(ren)) If child(ren) have finished the suggested activities, have them write in a journal, practice basic math facts, etc.	Look up information about Asia today. Include information like area, number of countries, population, highest point, climate, major landmarks, and nearby oceans. If child(ren) have finished the suggested activities, have them write in a journal, practice basic math facts, etc.	Look up information about Australia today. Include information like area, number of countries, population, highest point, climate, major landmarks, and nearby oceans. If child(ren) have finished the suggested activities, have them write in a journal, practice basic math facts, etc.	Look up information about Europe today. Include information like area, number of countries, population, highest point, climate, major landmarks, and nearby oceans. If child(ren) have finished the suggested activities, have them write in a journal, practice basic math facts, etc.	Look up information about South America today. Include information like area, number of countries, population, highest point, climate, major landmarks, and nearby oceans. If child(ren) have finished the suggested activities, have them write in a journal, practice basic math facts, etc.

<p>Family Time 3:30pm-4:30pm</p>	<p>Make traditional South African banana bread as a family. https://www.pinterest.com/pin/228768856051087736/</p>	<p>Learn to play Tapatan - a twist on tic-tac-toe from the Phillipines</p>	<p>Check out this list of traditional children's games from Australia - give a few a try as a family!</p>	<p>Here is a list of French games and activities to try out. 1-2-3 is a lot harder than it sounds!</p>	<p>Play Luta de Gallo (Portugese for "fight of the roosters") from Brazil. May the best rooster win!</p>
<p>Question of the Day Anytime 5-8pm</p>	<p>Have child(ren) respond to the question in a journal, by drawing a picture or by discussing with you. Question: If you could make one rule that everyone in the world had to follow, what would it be?</p>	<p>Have child(ren) respond to the question in a journal, by drawing a picture or by discussing with you. Question: If you had enough money that you never had to work, what would you do with your time?</p>	<p>Have child(ren) respond to the question in a journal, by drawing a picture or by discussing with you. Question: How would you explain the word love to someone without using the word "love"?</p>	<p>Have child(ren) respond to the question in a journal, by drawing a picture or by discussing with you. Question: What is your greatest wish?</p>	<p>Have child(ren) respond to the question in a journal, by drawing a picture or by discussing with you. Question: What did you like most about this week?</p>
<p>Bedtime 3-6 years: 6-8pm 7-12 years: 7:30-9pm Teenagers: 8-10pm (keep in mind that teenagers need at least 9 hours of sleep)</p>					

Weekend Suggestions:

- Experiment with new hairdos
- Rearrange the furniture. Give the kids paper and have them draw out a plan first.
- Make a time capsule. Have each family member write down something they are grateful for and include a special item in the time capsule. Then, store it away until a designated date. You can open it as early as Thanksgiving or as far off as high school graduation.
- Play a card game. Choose from crazy eights, spoons, go fish, or even poker. Take your pick.
- Have breakfast in bed. Take turns being the server and the served.
- Hold marble races. Use an old pool noodle as the track. Simply cut it in half, making two tracks of equal length. Then, race the marbles down the tracks to see who has the fastest one.